

# **MONDAY BUFFET LUNCH WEEK 2**

#### TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

## SOUPS

Broccoli and gorgonzola cheese veloute'



## **PASTA**

Pasta with tomato sauce, fresh basil onion and olive oil 🚺 Pasta with smoked ham and mushroom cream sauce.



# **MAINS**

Baked merluzz fillets with chive cream Veal involtini with parma ham and sage jus Seared turkey breast with capsicum and apple compote' Vegetable rice

Steamed corn on the cob with garlic and parsley butter Buttered Brussel sprouts with onions and fresh herbs Baked potatoes with onions and fresh thyme French fried potatoes

# **VEGETARIAN AND VEGAN DISHES**

Urid lentil stew with mixed flavored spices. Vegetable Samosas served with mango chutney. Ginger. vegetables and Vermicelli stir fried with soya sauce. Mixed Vegetable Curry









# **TUESDAY BUFFET LUNCH WEEK 2**

## TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

## SOUPS

Lightly spiced carrot and ginger soup



## **PASTA**

Pasta with beef ragu'
Pasta with four cheese sauce



# **MAINS**

Baked salmon with fresh mint, onions, garlic and white wine Blanquette of lamb with root vegetables and fresh rosmary Breaded chicken breast with sweet pepper and onion relish Kashmiri rice

Pan fried zucchini with roasted almonds and fresh coriander
Sweet and sour carrots with toasted sesame seeds
Steamed new potatoes with parsley butter and garlic.
French fried potatoes

# **VEGETARIAN AND VEGAN DISHES**

Brie, apple and red onion tart

Baked spinach and mushroom quesadillas

Broccoli stir fried with tofu and pea nuts.

Italian cannellini beans with cabbage and potatoes











# **WEDNESDAY BUFFET LUNCH WEEK 2**

## TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

## SOUPS

Cream of local zucchini and leeks



## **PASTA**

Pasta with prawns, zucchini, and tomato sauce Pasta with mushrooms, sweet corn, and spinach cream ( )



# **MAINS**

Grilled bonito steaks with black olive tapenade and aromatic fresh herbs Grill Chicken with mushrooms and spring onions Slow Cooked Pork Stew with Root vegetables

Steamed fragrant rice Peas a' la' francaise Pan fried Mushroom and marrows. Paprika roast potatoes French fried potatoes

# **VEGETARIAN AND VEGAN DISHES**

Flat bread with roasted pumpkin, caramelised onions and blue cheese Vegan Mushroom And Pea Baked Poltena Vesan Roasted vegetables stew with olives and tomatos. Spanish omelette (baked potato dish with eggs, tomatoes, peppers, and olives)









# **THURSDAY BUFFET LUNCH WEEK 2**

#### TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

## SOUPS

Roasted tomato and fennel soup



### **PASTA**

Pasta with cured ham, zucchini, peppers, tomato salsa roza Pasta with Cherry tomatoes tomatoes, globe artichokes black olives and pesto cream



# **MAINS**

Fried white fish, white wine, red capsicum and fresh herb ragout Braised beef meat balls with a creamy and rich mushroom and mustard gravy Roasted chicken legs with leek and Dijon mustard gravy.

Steamed rice with garden peas and cumin seed

Cauliflower polonaise (







French fried potatoes

## **VEGETARIAN AND VEGAN DISHES**

Mix of vegetables flavored with spices curry and coconut sauce. Flat bread with hummus, roasted peppers and onions with vegan cheese ( Egg noodles with stir fried vegetables tossed with soya sauce Vegan Risotto









# FRIDAY BUFFET LUNCH WEEK 2

## TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

## SOUPS

Cream of potato and asparagus



### **PASTA**

Pasta with Chicken strip, Sweet Pepers, Cream Sauce Pasta with roasted aubergines, zucchini, fresh rosemary, and tomato salsa



## **MAINS**

Seared hake fillets, sweet capsicum and onion ragout
Seared beef steaks with leek and mushroom cream sauce.
Grilled chicken thighs with cured ham and asparagus cream
Israeli couscous with dried fruits and nuts
Stir fried French beans, onions and red peppers.

Panache of steamed vegetables
Baked potatoes with olive garlic and rosmary.

French fried potatoes

## **VEGETARIAN AND VEGAN DISHES**

Sundried tomato, black olive, and mozzarella focaccia Vegan Shepherd's Pie
Stuffed Peppers with couscous
Roasted Vegetables and Chickpea flan









# **SATURDAY BUFFET LUNCH WEEK 2**

## TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

## SOUPS

Cream of celeriac and green apple (



### **PASTA**

Pasta with cheesy white sauce, bay shrimps, garlic, and parsley Pasta with cherry tomatoes, aubergines and mint with ricotta cheese ( )



# **MAINS**

Breaded cod fillets with lemon wedges and tartar sauce Classic beef Stew with bacon and mushrooms Roasted Chicken Pieces Hunter style Steamed rice with sweetcorn and fresh herbs Braised red cabbage with honey and raisins (VEE) Steamed broccoli and sweet corn Mush Potatoes French fried potatoes

## **VEGETARIAN AND VEGAN DISHES**

Asparagus, leek and sundried tomato quiche Vegan squash and cabbage sabzi Potato and Cauliflower Curry Barley Risotto with zucchini and mushroom





