

MONDAY BUFFET LUNCH WEEK 1

TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

SOUPS

Cream of Green Pea & Thyme Soup (



PASTA

Pasta with broccoli and Maltese Sausage Cream Sauce Pasta with roasted peppers, onions and zucchini with tomato sauce (*)



MAINS

Baked Rock Fish with wine, fresh herbs, tomatoes and zucchini Pork Stew, sweet chili and mixed vegetables Grilled Turmeric Turkey breast with garlic and ginger

Fragrant basmati rice with spices Steam Broccoli and cauliflower, buttered with garlic and parsley Pan fried Aubergines with tomatoes, garlic oil topped with walnuts



VEGETARIAN AND VEGAN DISHES

Sundried tomato, black olive, and mozzarella focacc<u>i</u>a 🚺 Asparagus, leeks and sundried tomato quiche baked spinach and mushroom quesadillas Vegetables curry with coconut milk and spices









TUESDAY BUFFET LUNCH WEEK 1

TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

SOUPS

Cream of Tomato & Basil Soup (**)



PASTA

Pasta with cheesy white sauce, mushrooms and smoked pork ham Pasta with spinach and roasted pumpkin, tomato sauce

MAINS

Baked Merluzz Fillets served with Lemon and Dill Buerre Blanc Meat balls with capsicum, beetroot and tomato sauce Grilled Pork Steaks served with Honey Mustard sauce Moroccan couscous

Steamed corn on Cob, buttered with garlic and fresh parsley
Stir fried Broccoli, red peppers, and black bean sauce.
Roasted potatoes with onions, black olives and anchovies
French fried potatoes

VEGETARIAN AND VEGAN DISHES

Vegan squash and cabbage sabzi
Creamy Baked Gnocchi with Sweet Potato & Spinach
Vegan Biryani
Fritatata with Broccoli & Almonds









WEDNESDAY BUFFET LUNCH WEEK 1

TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

SOUPS

Parsnip & Carrot Veloute'



PASTA

Pasta with swordfish, cherry tomatoes and black olive tapenade Pasta with tomato sauce, basil topped with mozzarella

MAINS

Grilled Tuna served with Mediterreanean Salsa Grilled Chicken marinated thighs served with sage creamy sauce. Roast Beef with Rosemary Jus

Kashmiri rice



Panache of seasonal vegetables



Pan fried Zucchini with onions and sundried tomatoes New potatoes with parsley butter and garlic French fried potatoes





VEGETARIAN AND VEGAN DISHES

Vegetable Samosas served with mango chutney. Barley risotto with garden peas and mushrooms



Vegan Shepherd's Pie

Flat bread with hummus, roasted peppers and onions with vegan cheese











THURSDAY BUFFET LUNCH WEEK 1

TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

SOUPS

Cream of Potato & Asparagus Soup

PASTA

Pasta with pancetta, zucchini and tomato sauce Pasta with Spinach & Sweetcorn Cream Sauce



MAINS

Traditional fish Cakes served with aioli sauce. Sticky slow-cooked roast rib with barbeque sauce Irish Beef Stew with potatoes and peas Steamed Rice with seasonal vegetables

Buttered Peas (Sweet & Sour Carrots VEBAN Roasted potatoes with spices, garlic and herbs



VEGETARIAN AND VEGAN DISHES

French fried potatoes

Vegetable noodles with soya sauce and sweet chili



Spiced Urid Stew (VEGAN) Roasted Pumpkin, Caramelized Onion & Blue cheese













FRIDAY BUFFET LUNCH WEEK 1

TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

SOUPS

Cream of Pumpkin Soup

PASTA

Pasta with Chicken Strips, garlic, fresh chilies and parsley tomato Sauce
Pasta with cream cheese & mushrooms

MAINS

White fish and mussels stew with coconut curried sauce and coriander
Breaded Chicken with French mustard cream sauce
Pork Schnizel with Lemon Wedges & Mustard Sauce

Pilaf rice (VEGAN)

Stir fried vegetables with oyster and soya sauce
Sueteed French green beans with garlic
Roast potatoes with Garlic and Rosemary
French fried potatoes

VEGETARIAN AND VEGAN DISHES

Brie, apple and red onion tart

Steamed Cauliflower with thyme Butter

Italian Cannellini beans with cabbage and potatoes

Vegetables curry with coconut milk and spices









SATURDAY BUFFET LUNCH WEEK 1

TO START WITH...

A selection of mouth-watering composed salads, assortment of marinated and pickled vegetables, home-made charcuteries, decorative platters from land and sea, prepared by our chefs, combining local and international flavours, served with various dressings and infused oils

SOUPS

Cream of Marrow & Cumin Soup



PASTA

Pasta with Calamari, fresh tomatoes, garlic, mint and white wine Pasta with Artichokes & Sundried Tomato Salsa Roza

MAINS

Grilled Tuna served with Olive, Garlic & Aromatic Herb Oil Grilled Turkey served with Cranberry Sauce

Chili Con Carne

Parsley Rice (VEGAN)



Steamed French green beans, baby corn with garlic and parsley butter.

Roated Aubergines with Feta Cheese Crumble



Buttered Broccoli

Sliced potatoes with onions and olives dust



VEGETARIAN AND VEGAN DISHES

Asparagus, leeks and sundried tomato quiche Roasted vegetables stew with olives and tomatoes Ginger and vegetable vermicelli stir fried. Vegetable Spring Rolls with Sweet Chili Sauce





